



Modified reduction mammoplasty for optimization of oncological approach: initial results and literature review

Mamoplastia redutora modificada para otimização de abordagem oncológica: resultados iniciais e revisão da literatura

GABRIEL SALUM D'ALESSANDRO ^{1*} 

ALEJANDRO POVEDANO ¹ 

FABIANA MIDORI TAKEUCHI ¹ 

NATALIA LIMA E SILVA CREMA ¹ 

JOÃO CARLOS SAMPAIO GÓES ¹ 

■ ABSTRACT

Introduction: Breast cancer is the second most common cancer among women. Constant scientific evolution has allowed increasingly less invasive surgical approaches, reducing treatment-related morbidity without cancer damage. The objective of this article is to show the surgical results and the versatility of reduction mammoplasty with the modified Pitanguy technique to optimize the immediate reconstruction associated with cancer surgery. **Methods:** We present the cases of three patients who underwent the proposed technique. Marking of the breast diagnosed with cancer is planned following the principles of reduction mammoplasty described by Pitanguy. However, the inferolateral resection triangle is transposed into the supratumoral area. It can be placed from the junction of the lateral quadrants (JLQ) to the superolateral quadrant (SLQ) of the oncological breast.

Results: the three patients underwent the described technique associated with contralateral symmetrization mammoplasty with the Pitanguy technique. All were submitted to adjuvant radiation therapy, associated or not with chemotherapy. Two patients progressed without incident and one had a small necrosis of 1x1 cm at the flaps lower junction in the breast with cancer, which was treated conservatively without delaying the adjuvant treatment. All were satisfied with the aesthetic result. **Conclusion:** The described technique proved to be a good alternative for tumors located between the JLQ and the SLQ of the oncological breast. It provides broader resections and thus expands the indication for conservative surgery and reduces the need for radical surgery, with better aesthetic results without impairment of the cancer outcome

Keywords: Breast neoplasms; Mammoplasty; Mama; Segmental mastectomy; Breast diseases.

Institution: Instituto Brasileiro de Controle do Câncer (IBCC), Serviço de Cirurgia Plástica, São Paulo, SP, Brazil.

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¹ Instituto Brasileiro de Controle do Câncer (IBCC), Serviço de Cirurgia Plástica, São Paulo, SP, Brazil.

■ RESUMO

Introdução: O câncer de mama é a segunda neoplasia mais comum entre as mulheres. A constante evolução científica tem permitido abordagens cirúrgicas cada vez menos invasivas, diminuindo a morbidade relacionada ao tratamento sem prejuízo oncológico. O objetivo deste artigo é mostrar os resultados cirúrgicos e a versatilidade da mamoplastia redutora com a técnica de Pitanguy modificada, para otimização da reconstrução imediata associada à cirurgia oncológica.

Métodos: Apresentamos os casos de três pacientes submetidas à técnica proposta. A marcação da mama com diagnóstico de câncer é planejada seguindo os princípios da mamoplastia redutora descrita por Pitanguy. Porém, o triângulo de ressecção inferolateral é transposto para a área supratumoral. Ele pode ser posicionado da junção dos quadrantes laterais (JQL) até o quadrante superolateral (QSL) da mama oncológica.

Resultados: As três pacientes foram submetidas à técnica descrita associada à mamoplastia de simetria contralateral com a técnica de Pitanguy. Todas realizaram radioterapia adjuvante, associada ou não à quimioterapia. Duas pacientes evoluíram sem intercorrências e uma apresentou pequena necrose de 1x1cm na junção inferior dos retalhos na mama com câncer, que foi tratada de maneira conservadora sem atrasar o tratamento adjuvante. Todas seguem satisfeitas com o resultado estético. **Conclusão:** A técnica descrita mostrou-se uma boa alternativa para tumores localizados entre a JQL e o QSL da mama oncológica, proporcionando ressecções mais amplas e dessa forma ampliando a indicação de cirurgia conservadora e reduzindo a necessidade de cirurgia radical, com melhores resultados estéticos sem prejuízo do desfecho oncológico.

Descritores: Neoplasias da mama; Mamoplastia; Mama; Mastectomia segmentar; Doenças mamárias.

INTRODUCTION

Breast cancer is the most common cancer among women after skin tumors. According to data from the National Cancer Institute (INCA), the estimate of new cases in Brazil is 57,900 for 2018, which corresponds to 29% of all diagnosed neoplasms. Statistics indicate a progressive increase in its incidence, which represents 24.2% of the total number of female cancer cases in the world in 2018. It is the fifth leading cause of cancer death overall (626,679 deaths) and the most frequent cause of death from cancer in women¹.

Malignant breast cancer has different histological types and diverse molecular profiles, allowing for increasingly individualized therapeutic approaches.

The constant scientific evolution, which generates a better understanding of breast cancer, has allowed surgical approaches that are less and less invasive, reducing treatment-related morbidity without cancer damage.

The first effective treatment for breast cancer was the radical mastectomy described by Halsted,

in 1894², which was characterized by the resection of the breast (skin and gland), the two pectoral muscles and the three levels of the axillary lymph nodes in monoblock, obtaining low rates of local recurrence and good overall survival.

In 1948, Patey and Dyson³ published a series of cases of radical mastectomies with pectoralis major muscle preservation, obtaining results similar to classical radical surgery with less morbidity.

Later, in 1965, Madden⁴ published a study advocating the preservation of both pectoral muscles and obtained similar oncological results, with lower complication rates.

With their classic studies, begun in the 1970s, Veronesi et al., in 1981⁵ and Fisher et al., in 1985⁶, changed the paradigm of radicalism in breast cancer treatment. They noted that, in selected cases, breast-conserving (BCS) surgeries associated with radiation therapy provided oncological outcomes similar to those of radical surgeries and with a significant reduction in morbidity.

The main objective of BCS is the tumor resection with adequate margins, achieving favorable aesthetic

results. Good aesthetic results are associated with a better quality of life for women with breast cancer⁷.

However, the main limitation of BCS is the relationship between the tumor resection area and the breast size. When this relationship is unfavorable, the observed surgical results are often unpleasant⁸.

Therefore, in this unfavorable scenario, the association between oncological resection technique and mammoplasty becomes an effective alternative to avoid radical surgery. This technical association allows breast resections of 20-40% without cosmetic damage⁹⁻¹¹.

OBJECTIVE

In this article, we aim to show the surgical results and the versatility of the reduction mammoplasty recommended by Pitanguy, modified to optimize the immediate oncological approach and associated with the contralateral breast symmetrization.

METHODS

This is an observational, retrospective study, with a description of a series of consecutive clinical cases, carried out by reviewing medical records of patients operated and followed on an outpatient basis at the Brazilian Institute of Cancer Control (IBCC), São Paulo/SP.

It was approved by the Ethics Committee of the Research Institute and registered in the Brazil Platform (CAAE: 26068219.8.0000.0072). It was requested and accepted that patients' Free and Informed Consent (ICF) should not be asked, as it is an observational and retrospective study.

Data were collected from 3 patients who underwent modified reduction mammoplasty for oncological optimization, associated with the contralateral breast symmetrization, during the period from August 2018 to July 2019.

Surgical planning

Surgical planning is performed with a multidisciplinary approach, that is, with the interaction between oncological resection performed by the mastology team and breast reconstruction with local tissues associated with contralateral breast symmetrization, performed by the plastic surgery team. Marking of the breast diagnosed with cancer is planned following the principles of reduction mammoplasty described by Pitanguy. However, the inferolateral resection triangle is transposed into the supratumoral area. The exact location of this transposed triangle is not fixed and is individually adapted for each patient, according to the location of the lesion, for the technique

optimization. It can be placed from the junction of the lateral quadrants (JLQ) to the superolateral quadrant (SLQ) of the oncological breast (Figure 1).

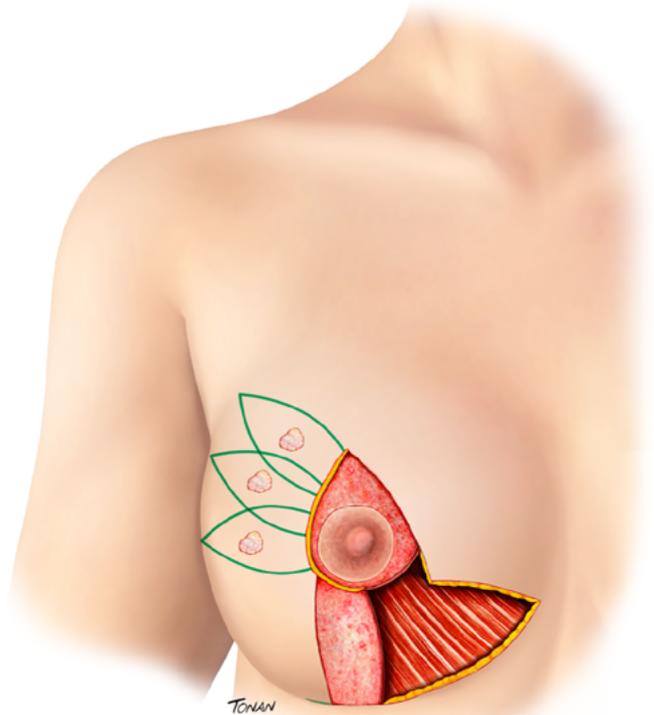


Figure 1. Surgical planning of the oncological breast.

The preferred pedicle to reposition the nipple-areola complex (NAC) is the superomedial one, since it does not interfere with oncological resection, even in lesions that reach the central region (CR) of the breast (Figure 1).

In lesions that achieve CR, wider resections are generally required to obtain satisfactory cancer margins. In these cases, to avoid an excessive reduction in breast volume, a de-epidermized flap of the lower breast region can be performed, with the objective of adequate volumetric replacement of the resected CR (Figure 1).

In lesions that reach the CR, broader resections are usually necessary to obtain satisfactory oncological margins. In these cases, to avoid excessive reduction in breast volume, a de-epidermized flap from the lower breast region can be performed, aiming at the adequate volumetric replacement of the resected CR (Figure 1).

The axillary approach, either to perform a sentinel node biopsy (SNB) or an axillary lymphadenectomy (AL), is performed through the same incision. Axillary access occurs through the transposed triangle end.

Symmetrization mammoplasty is performed following the principles of reduction mammoplasty described by Pitanguy, paying particular attention

to leaving the oncological breast with a volume 10% greater than the contralateral breast, since adjuvant radiotherapy, mandatory in conservative surgeries, reduces approximately 10% of this breast volume.

At the end of the procedure, the tumor bed is trimmed to help plan for adjuvant radiation therapy. Four radiopaque clips are applied to the cardinal points. The resulting scar in the oncological breast varies according to the supratumoral resection triangle position (Figure 2).

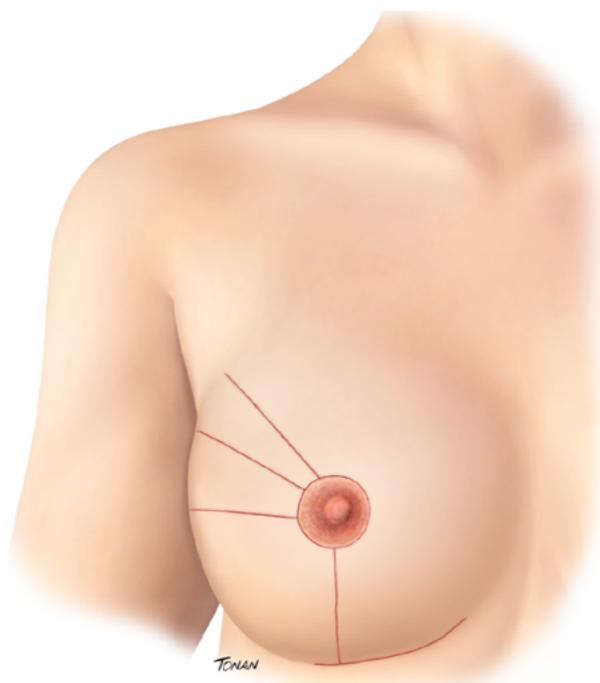


Figure 2. Resulting scars after performing the described technique.

RESULTS

The clinical, oncological and surgical data of the cases described are shown in Table 1.

Case 1

SDLE, 53 years old, diagnosed with invasive ductal carcinoma (IDC) of the right breast, pT2 pN1a, hybrid luminal subtype. Physical examination revealed breasts with grade 2 ptosis. The described technique was performed, with the transposed triangle placed at approximately 11 am on the right breast. The NACs were bilaterally repositioned with a superomedial pedicle. She underwent chemotherapy and adjuvant radiation therapy. The patient evolved without incident and was satisfied with the aesthetic result. Also, she was submitted to adjuvant radiation therapy. Photographic documentation with one year postoperative (Figure 3).

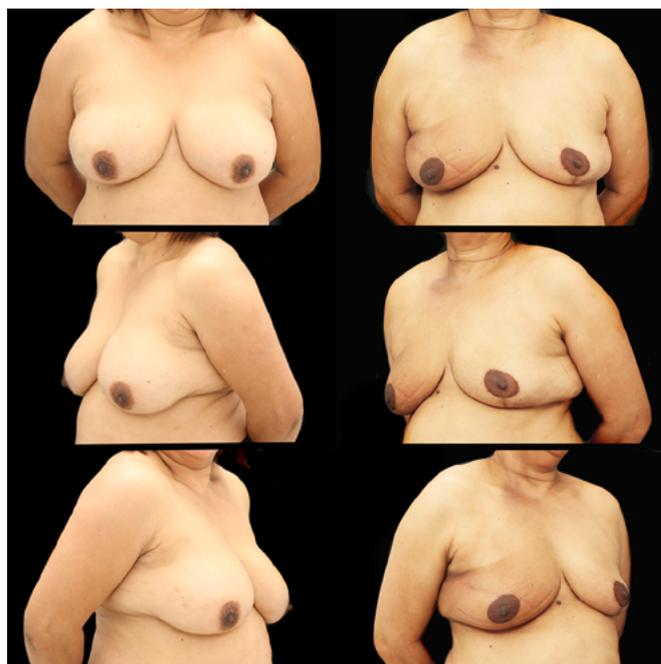


Figure 3. Results of the first case 1 year after the operation.

Table 1. Surgical and oncological characteristics of the cases treated with the described technique.

	Case 1	Case 2	Case 3
Age (years)	44	53	64
BMI (kg/m ²)	27.7	31.6	33
Breast cancer surgery	ROLL	ROLL	2 ROLL + 1 Needling
Axillary Surgery	SNB	SNB	SNB
Right breast weight (g)	470	380	390
Left breast weight (g)	540	435	460
Tumor size (mm)	26	29	13 e 10
Tumor Site	2h ME	11h MD	9H MD
Histological type	IDC	IDC + IDCS	
Molecular subtype	Negative Triple	Luminal B HER2+	Luminal B

SNB (Sentinel Lymph Node Biopsy). ROLL (Radioguided occult lesion localization). IDC (Invasive Ductal Carcinoma); IDCS (Invasive Ductal Carcinoma In Situ).

Case 2

CAGS, 44 years old, diagnosed with IDC of the left breast, triple-negative, cT2 cN0. Physical examination revealed breasts with grade 3 ptosis. She underwent neoadjuvant chemotherapy with carboplatin + paclitaxel, followed by doxorubicin + cyclophosphamide, which showed a complete pathologic response. Oncogenetic evaluation performed without evidence of pathological genetic mutations related to hereditary breast cancer. The described technique was performed, with the transposed triangle placed at approximately 2 am in the left breast. The NACs were bilaterally repositioned with a superomedial pedicle. Adjuvant radiotherapy was performed. The patient evolved without incident and was satisfied with the aesthetic result. Photographic documentation with one year postoperative (Figure 4).



Figure 4. Results of the second case 1 year after the operation.

Case 3

MCLPF, 64 years old, diagnosed with multicentric IDC, pT1 (m) pN0 (ls), luminal subtype B, associated with sclerosing intraductal papilloma in the right breast. Physical examination revealed breasts with grade 3 ptosis. Preoperative planning included 3 vacuum aspiration biopsy clips in the surgical resection area (Figure 5):

1. Previous third of JLQ, periareolar (vacuum biopsy with IDC result);
2. Middle third of SLQ (vacuum biopsy with IDC result);
3. Posterior third of JLQ (vacuum biopsy resulting from sclerosing intraductal papilloma).

It was performed the described technique with the placement of the transposed triangle at

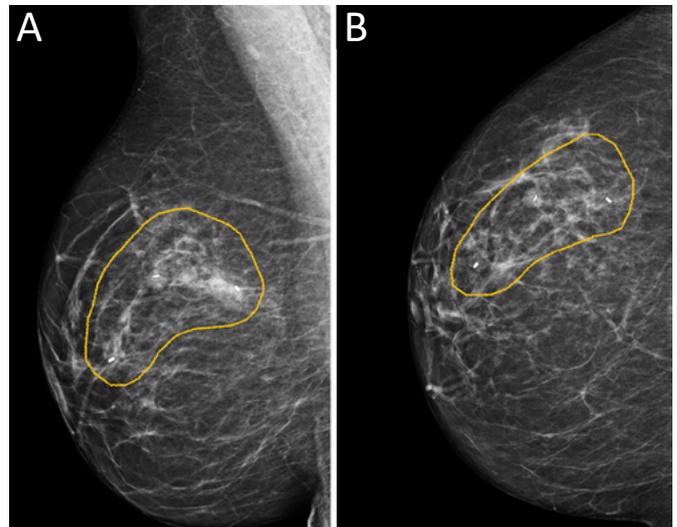


Figure 5. Mammography for preoperative planning showing 3 vacuum aspiration biopsy clips were included in the surgical resection area.

approximately 9 a.m. on the right breast. In this case, due to the oncology need, surgical resection was extended to the CR, and the epidermis flap of the lower region was used for volumetric optimization of the reconstruction (Figures 6 and 7). The NACs were bilaterally repositioned with a superomedial pedicle.

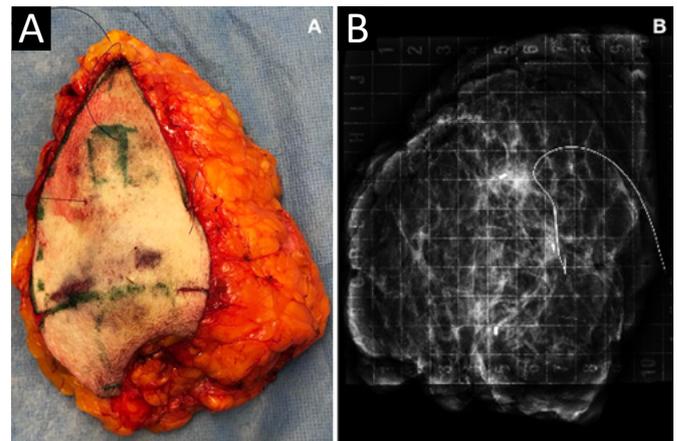


Figure 6. Surgical specimen and mammogram of the same specimen showing the effective resection of the area containing the 3 clips.

The patient evolved with a small necrosis of 1x1 cm at the junction of the lower flap, in the right breast, which was treated conservatively, with good evolution. The patient evolved satisfied with the aesthetic result. Photographic documentation two months after surgery, before adjuvant radiotherapy (Figure 8).

DISCUSSION

Classically, breast-conserving surgery (BCS) is indicated for women with unilateral breast cancer, up to 5 cm (T1 or T2) or tumors whose breast resection does not exceed 20 to 25% of the volume.

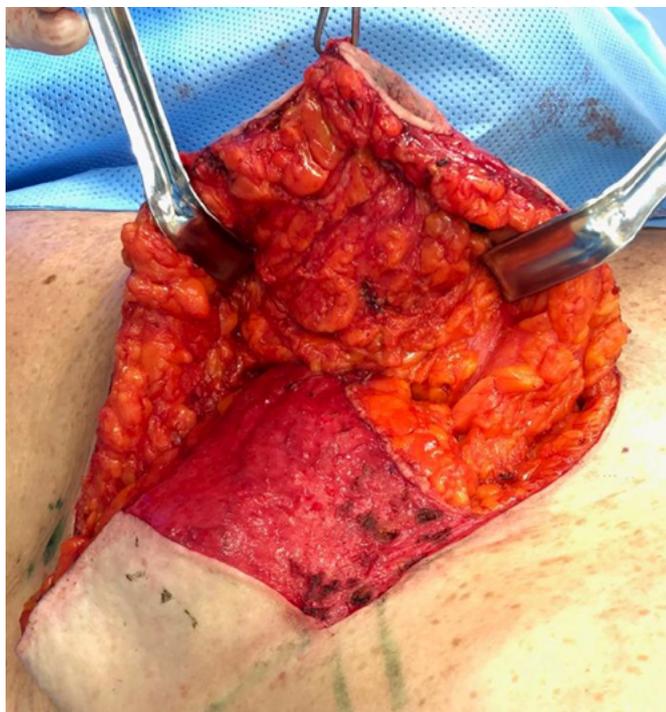


Figure 7. Breast reconstruction with placement of the de-epidermised flap from the lower region for volumetric optimization.



Figure 8. Results of the third case 2 months after surgery, before radiotherapy.

Conservative breast surgeries that require more extensive resections are associated with residual cosmetic deformities in up to 30% of cases^{12,13}. In general, these changes have a significant impact on the quality of life of these women and result in enormous challenges for the correction or secondary aesthetic improvement of the breast due to technical difficulties

and the risk of tissue mobilization in the irradiated breasts.

Thus, the oncological approaches associated with mammoplasty techniques, named as oncoplastic breast surgery (OBS), have as one of their main indications, the decrease in the rates of aesthetic dissatisfaction with conservative surgery associated with major breast resections¹⁴.

In addition to this vital indication, other practical applications of OBS are the technical possibility of performing breast-conserving surgery in multifocal, multicentric lesions and tumors larger than 5 cm (T3) or requiring breast resection greater than 25% of the breast volume, without aesthetic damage¹⁴. Classically, these cases would be indications for radical surgery.

In a recent literature review article, breasts showing aesthetically favorable surgical results were observed in 90.2% of patients who underwent OBS⁸. In women who underwent traditional BCS, the rates were 60 to 80%^{14,15}.

Concerning oncological aspects, OBS presents results similar to BCS; that is, they present the same oncological safety. However, there is the advantage of providing lower repair rates due to inadequate surgical margins in OBS⁸.

Classically, the inverted "T" reduction mammoplasty technique, described in our country by Pitanguy, in 1967¹⁶, is an excellent alternative for OBS when the oncological area to be resected is located in the area of the classic marking of the technique, generally at the lower breast pole. When this area is outside the mark, it is often necessary to make skin flaps, sometimes extensive, to access the desired location. This fact increases the risk of complications such as skin flaps necrosis, steatonecrosis, and dehiscence of the surgical wound.

Immediate repairs of tumors located in the superolateral quadrants of voluminous breast were addressed by Carramaschi et al., in 1991¹⁷. The technique illustrated in this article was described by Ching et al., in 1997¹⁸, it was presented in the II Latin American Convention of the European School of Oncology. In 2015^{19,20}, Silverstein et al., disseminated the technique on an international bibliographic base, calling it "Oncoplastic Split Reduction."

In the described technique, the inferolateral resection area was transposed to the breast superolateral region, more precisely from 9 to 11 a.m. in the right breast or from 1 to 3 a.m. in the left breast (Figure 1). We have to remember that approximately 50% of breast carcinomas occur in this location.

This modification of the reduction mammoplasty for the oncological approach allows a surgical technique with less breast devascularization, with easy access to the tumor region without the need to perform wide skin flaps. Besides, it has the possibility of supratumoral

skin resection when it is oncologically indicated, which allows access to the axillary region without the need for an additional incision.

This technique results in surgical procedures with less risk of complications, a fact of extreme importance in cancer surgery, to reduce the risk of delay in the start of adjuvant treatment.

In the small series of cases presented, we observed that it is a safe, oncologically effective, versatile procedure for various tumor locations and with a high rate of patient satisfaction.

CONCLUSION

The described technique proved to be a good alternative for tumors located between the JLQ and the SLQ of the oncological breast, providing ample and safe resections.

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COLLABORATIONS

GSD	Analysis and/or data interpretation, conception and design study, conceptualization, data curation, final manuscript approval, formal analysis, funding acquisition, investigation, methodology, project administration, realization of operations and/or trials, resources, software, supervision, validation, visualization, writing - original draft preparation, writing - review & editing.
AP	Final manuscript approval.
FMT	Data curation, final manuscript approval, writing - original draft preparation.
NLSC	Data curation, final manuscript approval, writing - original draft preparation.
JCSG	Final manuscript approval.

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*Corresponding author:

Gabriel Salum D'Alessandro

Av. Alcântara Machado, nº 2576 - Mooca, São Paulo, SP, Brazil

Zip Code 03102-002

E-mail: gsdalessandro@yahoo.com.br